

**FOOD – HOT MEALS**

Plowshares .....462-8582  
 1346 S. State Street  
 Open Monday–Friday  
 Lunch: 11:30am–Noon  
 Dinner: 5:30pm–6:00pm, Families & Seniors  
 6:00–6:30pm, Open to All

**FOOD – GROCERIES**

UCC Food Bank.....463-2409  
 888 N. State Street  
 Open Monday–Friday  
 Mon: 9:00am–3:00pm, All  
 Tues: 9:00am–1:00pm, Seniors  
 Wed: 1:00–7:00pm, All  
 Thurs: Closed – Emergency Food Available  
 Fri: 9:00am–Noon, Seniors, Disabled

**ESSENTIAL SERVICES**

Ukiah Community Center  
 (UCC) Services .....462-8879  
 888 N. State Street  
 Open: Mon.–Wed. & Fri., 8:00am–Noon  
 & 1:00–2:00pm  
 Thurs., 10:00am–Noon, 1:00–2:00pm  
 Homeless services including Supportive  
 Housing Program and Day Shelter.

**ADDITIONAL NUMBERS**

Veteran Service Office .....463-4226  
**VETERANS**  
 Ukiah Senior Center .....462-4343  
 Indian Senior Center.....462-5595  
 In Home Support .....463-7900  
 Community Care.....468-9347  
 Area Agency on Aging.....262-4517

**SENIOR SERVICES**

**ESSENTIAL SERVICES CONTINUED...**

Winter Shelter.....234-3407  
 1045 South State Street  
 Open: Daily, 5:00pm–8:00am  
 Homeless shelter (short term).  
 December 2016 - March, 31, 2017  
 Showers.

**Other services include: counseling, referrals,  
 health care screening, and case management.**

Plowshares .....462-8582  
 1346 S. State Street  
 Open: Monday–Friday  
 11:30am–Noon & 5:30–6:00pm  
 Haircuts: Tues. 11:30am–1:00pm  
 Phone Messages: 462-0265  
 Services for Homeless: mail, phone messages,  
 food service, Meals on Wheels (seniors), etc.  
 (No Showers)

Heap .....463-0303  
 North Coast Energy Services  
 Utility Assistance  
 MTA .....(800) 696-4MTA  
 Dial A Ride.....462-3881

**TRANSPORTATION**

Ford Street Project .....462-1934  
 AODP.....472-2637

**SUBSTANCE ABUSE**

Adult Vocational Education .....463-5217  
 Mental Health Department .... 800-555-5906  
 Manzanita.....463-0404

**MENTAL HEALTH**

Veterans Health Clinic .....468-7700  
 Ukiah Valley Medical Center .....462-3111  
 Medi-Cal .....463-7700  
 MCAVN–HIV/AIDS & HCV.....462-1932  
 Hillside Health Clinic.....468-1010  
 Healthy Kids.....463-5437  
 Consolidated Tribal Health.....485-5115

**HEALTH SERVICES**

**Crisis/Help Line**  
 (707) 463-HELP (4357)  
 1 (800) 575-HELP (4357)

These numbers will connect you  
 24/7 with access to these services:

- **Emergency Food & Shelter**
- **Youth Services/Runaways**
- **Rape/Domestic Violence**
- **Adult Protective Services**
- **Children’s Protective Services**
  - **Alcohol and Other Drugs Services**
  - **HIV/AIDS Information**
  - **Mental Health**

Buddy Eller Homeless Shelter.....462-6290  
 CDC/Housing Authority.....463-5462  
 Ukiah Community Center.....462-8879  
 MCAVN (for those with HIV/HCV) .....462-1932

**HOUSING SERVICES**

Social Security Office..... 888-590-2706  
 General Assistance.....463-7900  
 Food Stamps, AFDC, TANF .....463-7700  
 Child Support/DAs Office..... 866-901-3212

**FINANCIAL SERVICES**

WTIC.....472-2473  
 Ukiah Family Center.....467-5810  
 Child Protective Services .....463-7992

**FAMILY SERVICES**

State Vocational Rehab .....463-4791  
 Mendocino Works .....467-5900  
 CalWorks Job Services .....463-5627  
 Ford Street Project/Cal Trans .....462-1934

**EMPLOYMENT SERVICES**

Fire Department .....463-6262 or 911  
 Poison Control Center.....(800) 876-4766  
 Sheriff’s Office.....463-4086 or 911  
 Ukiah Police Department .....463-6262 or 911  
 CPS Emergency.....463-7992

**EMERGENCY SERVICES**

K-12 Students.....467-5104  
 Ukiah Adult School .....463-5217  
 Mendocino College.....468-3000  
 MCOE, ROP .....467-5123

**EDUCATION SERVICES**

Youth Project.....463-4915  
 Redwood Counseling.....964-1251  
 Redwood Children’s .....472-2922  
 Mental Health Department .....463-4303  
 Hillside Health Clinic.....468-1010

**COUNSELING SERVICES**

Wed. 9:00–11:45am  
 151 Cherry Street  
 Dorcas Society .....462-1388

**CLOTHING**



**Community Resources  
 for the Homeless**

Mendocino County  
 Ukiah Area

**Ukiah Community Center**

Resource Center & Day Shelter  
 888 North State Street  
 Ukiah, CA 95482  
 Phone: (707) 462-8879  
 Fax: (707) 462-0654

*“We’re here to help you.”*

Unfold this guide for map to services



# Community Resources for the Homeless

## Mendocino County, Inland Ukiah Area

### ● Winter Shelter

1045 South State Street  
234-3407

Open Daily: 5 pm – 8 am  
Short term – 12/2016 – 3/31/2017

### ● Ukiah Community Center

888 North State Street  
462-8879

Open: Mon – Thurs.  
8 am – Noon & 1 – 5 pm;  
Fri. 8 am – Noon & 3 – 5 pm

### ● Ford Street Project

139 Ford Street  
462-1934

Open : Monday – Friday  
9 am – Noon, 1 – 4 pm

### ● Ukiah Police Department

Administration Services  
300 Seminary Lane  
463-6262 or 911

Open : Monday – Thurs  
8 am – 4 pm

### ● Dept. of Social Services

747 South State Street  
463-7700

Open : Monday – Friday  
7 am – Noon & 1 – 5 pm

### ● Plowshares

1346 South State Street  
462-8582

Open : Monday – Friday  
11:30 am – noon & 5:30 – 6:00 pm

